

CAMP KINNERET

2024 FAMILY HANDBOOK

CAMP PERSONNEL

Camp Director
Associate Director
Office Manager (Winter) & Food Services Manager
Office Manager (Summer)
Infirmary

Guy Korngold – guy@ckb.ca
Sierra Leibner – sierra@ckb.ca
Erica Rubin - erica@ckb.ca
Amanda Suchter – office@ckb.ca
infirmary@ckb.ca

IMPORTANT DATES

1 st & Full session MTL & GTA camper baggage	Sunday June 23
1 st Session begins	Tuesday July 2
1 st Session ends	Sunday July 28
Visitor's Day (for 1 st session and Full season campers only)	Sunday July 28
2 nd Session begins	Monday July 29
Camp ends	Tuesday August 13

SUMMER

Camp Kinneret
184 Rue Harrison
Mt. Tremblant, QC., J8E 1M8

Tel (819) 425 3332
Fax (819) 425 2433
Email office@ckb.ca

OFFICE HOURS AT CAMP

(Voicemail is checked regularly even when the office is closed).

Sunday to Thursday	10:00am – 5:00pm
Friday	10:00am – 3:00pm
Shabbat	Closed

WINTER

Camp Kinneret
5555 Westminster Ave., #300
Cote St. Luc, QC., H4W 2J2

Tel (514) 735 3167
Fax (514) 735 3833
Email office@ckb.ca

WEB SITE

www.ckb.ca

FACEBOOK

<https://www.facebook.com/yjcampkinneret>

INSTAGRAM

<https://www.instagram.com/campkinneret/>

BAGGAGE FOR 1ST & FULL SESSION CAMPERS SUNDAY JUNE 23

All Montreal & Toronto camper baggage must be dropped off on **Sunday June 23** following the schedule below. If you have campers in more than one unit/camp, please choose the time that is most convenient for you. **All camper medication must be dropped off at this time** and handed to our designated staff member upon arrival at the truck so please do not pack the medication in your camper baggage for ease of access. Please do not exit your car. Our staff will be there to unload! Every item & piece of luggage should be well labelled with your campers **FULL NAME** (initials are not enough).

MONTREAL BAGGAGE TIMES, JUNE 23 – WAGAR HS 5785 PARKHAVEN, CSL. H4W-1X8

Staff		9:30-10:00
Giborim/Goshrim	Campers currently in grades 2, 3, 4 and 5	10:00-10:30
Kochot	Campers currently in grades 6 & 7	10:30-11:00
LITs	Campers currently in grades 8 & 9	11:00-11:30
Biluim	Campers currently in grades 10	11:30-12:00

TORONTO BAGGAGE TIMES, JUNE 23 – BETH EMES BAIS YEHUDAH 100 ELDER ST. M3H-5G7

Staff	9:00-9:30
Kinneret	9:30-10:00
Biluim	10:00-11:00

CAMPERS FROM OUTSIDE OF MONTREAL OR TORONTO

Please bring your baggage with you on the day of departure to camp.

FIRST & FULL SESSION TRAVEL TO CAMP ON TUESDAY JULY 2nd

MONTREAL / OTTAWA – WAGAR HIGH SCHOOL 5785 PARKHAVEN, CSL. H4W-1X8

PLEASE ARRIVE BY 13:00. WE WILL BEGIN TO LOAD THE BUSES AT 13:10 AND THE BUSES WILL DEPART AT EXACTLY 13:30. Please do not be late or you will have to drive your camper to camp.

TORONTO (GTA) – BETH EMES BAIS YEHUDAH 100 ELDER ST. M3H-5G7

PLEASE ARRIVE BY 7:30AM. WE WILL BEGIN TO LOAD THE BUS AT 7:40AM AND THE BUS WILL DEPART AT EXACTLY 8:00AM. GTA campers to pack a nut-free lunch for the day of travel.

PRIVATE TRANSPORTATION

Campers being driven up to camp are asked to arrive at 3:00pm and all passengers must remain in their vehicle at all times. Our staff will be there to greet you and unload your car.

END OF FIRST SESSION TRAVEL BACK HOME ON JULY 28th

Camp Kinneret Visitor's Day has been re-instated. As such we do not offer any transportation home for first session campers. First session campers will return home with their parents at the end of our Visitor's Day program. Please scroll down to find more information on Visitor's Day.

SECOND SESSION CAMPER TRAVEL TO CAMP ON JULY 29th

Baggage drop-off and bus departure will take place at the same time. All campers including those from Ottawa and Toronto, will depart from our location in Montreal. Upon arrival, you will be directed to the cartage truck where our staff will unload your baggage and collect medication and spending money, and then your camper will be able to board the bus. **WAGAR HS 5785 PARKHAVEN, CSL. H4W-1X8**. Please arrive by 1:00PM. We will begin boarding the bus at 1:10PM and our busses will depart at 1:30PM.

CAMPER TRAVEL HOME AT THE END OF CAMP ON AUGUST 13

MONTREAL/OTTAWA Busses will arrive to Wagar HS in CSL at about 10:00am.

TORONTO Busses will arrive to Beth Emes Bais Yehudah 100 Elder St. M3H-5G7 by 4:00pm.

AIRPORT Campers will arrive at the airport by 11:00. Flights should be scheduled for 1:00pm or later.

PRIVATE Please pick up your camper at camp at 8am.

PACKING LIST

<https://www.ckb.ca/packing-list>

VISITOR'S DAY - SUNDAY JULY 28

Visitor's Day falls on the last day of the first session and is for 1st session and full summer campers only. Campers who are registered for the first session will leave on this day and will travel home with their parents. Dogs are welcome as long as they are on leash at all times. Please do not bring any food or camper cell phones onto the campgrounds. Please refer to Waze or Google maps for directions: 184 Rue Harrisson, Mt Tremblant J8E-1M8. Camp Telephone: (819) 425 – 3332. Please drive slowly while on the campgrounds. Here is the schedule which is subject to change.

10:00am Visitors park their cars on our sports field and wait for their campers at our sports complex

10:30am Parents are lead to the cabin site to meet their campers

11:00am Mifkad Ceremony and Short Presentation

12:00pm Campers can leave the campgrounds with their parents

4:00pm Campers registered for our full season return to camp

AT CAMP

FIRST TIME CAMPERS The parents of first time campers will receive a phone call from their camper's unit head on the third day of their session. The purpose of this call is to provide you with an update on how your camper has adjusted to camp life.

LAUNDRY is done each week. Clothing should be colorfast as it is machine laundered and every item should be well labeled. Labels are available through our website via the CampMinder login. All campers will have the opportunity to claim lost and found articles during the summer and at the end of each session.

TUCK SHOP A portion of the camp fee is allocated to cover expenses such as tuck (treats), the camp t-shirt, and the LIT sweatshirt. We will bill you for any medical expenses (prescriptions) incurred over the course of the summer and send you the receipts so that you can make a claim with your insurance company.

WATER BOTTLES Please send your camper to camp with **3** water bottles that are clearly labeled with your campers' full name. Any water bottles left around camp will be brought to the office and returned to your child along with their mail. Any unlabeled water bottles that are found around camp will be sanitised by our kitchen and made available to campers who have lost their water bottles.

SPENDING MONEY Personal spending money can be kept safe in our office if the cash is submitted to the camp at the luggage drop off or at the bus in a resealable Ziploc bag that has the camper's name clearly written on it. The amounts we suggest vary based on the age and length of time that the camper will be at camp. Here is what we suggest:

- First Session LITS: \$150
- Full Season LITS: \$200
- First or Second Session Gibroim, Goshrim or Kochot: \$30
- Full Season Giborim, Goshrim or Kochot: \$60
- All second session campers: \$30

BIRTHDAYS Each camper with a birthday during the summer camp season will receive a freshly baked cake that is large enough to share with their cabinmates. If you wish to send your camper a gift, please refer to our package policy. Please DO NOT send anything extra for their friends or cabinmates. Parents are given the opportunity to speak with their child on their birthday. Arrangements for this can be made by emailing office@ckb.ca the day before their birthday so that we arrange the time for the call to be made. *Usually*, the ideal time for this call is at around 10:15am.

INFIRMARY Our Nurse, Doctor or Infirmary Manager will contact a parent/guardian if:

1. A prescription has been written for that camper
2. A camper experienced trauma (concussion, fracture, sprain, etc..)
3. A camper has a visible bandage or is using crutches
4. A campers' condition worsens or remains unresolved longer than originally anticipated
5. A camper must spend the night at the infirmary or the better part of the day (unless this is something that was already established with the parent).
6. The camp will not call if a camper just needs to rest, has a mild illness or a non-significant injury.

MEDICATION Our infirmary is fully stocked. Please do not pack over the counter medications like Tylenol and Advil. Campers also have access to Lactaid tablets that are kept in our kitchen. The only medication campers should bring to camp are those that are required to manage an existing medical condition. Prescription medication must be blister packed by your pharmacist and each 'blister' must indicate the name of your camper, the medications being taken, and the date and time of day that the medication should be administered. The majority of pharmacies will blister pack medications at no cost. They may require a week or two to prepare the blister packs so please be sure to inquire with your pharmacist and plan accordingly. Please only send the amount of medication needed for the summer camp session(s) for which your camper is registered. 1st Session July 2-28, 2nd session July 29-August 13, Full Summer July 2-Aug 13. First session campers are asked to drop these medications off on June 23 when they drop their bags off (see 'Baggage' section below). 1st session campers from outside of Montreal and Toronto and all 2nd session campers who are bringing their baggage on the day of departure to camp are asked to hand their medication to the staff member that will be collecting medication at the bus departure point.

EPIPEN If a camper needs an Epipen, they must either carry one with them at all times or bring two – one to be kept in our infirmary, and one to be kept in their cabin.

IMPORTANT NOTE ON CELL PHONES Campers are not allowed to have a cell phone with them at camp. Having a phone will undermine all of the work that we do to nurture the growth in self-confidence and independence of our campers. The introduction of even one cell phone into a cabin can negatively affect the experience of the entire group which would not be fair to those campers and their families. Camp Kinneret has a duty to ensure that our campers are given every chance to benefit from the Camp Kinneret experience and that no one is taking that away from anyone else. For this reason, if a camper is found in possession of a cell phone or any device that can do more than just play music, the device will be confiscated and donated to a local shelter. We thank you in advance for working with us to ensure that you have all of your campers' cell phones in your possession as they board the bus to camp.

MUSIC Campers can bring a device that plays music as long as this device cannot be used to connect to the internet, watch videos or play games. The i-pod touch is not allowed even if the SIM card is removed as there are many unprotected WIFI signals around our camp. If a camper is found in possession of any device that can do more than just play music, the device will be confiscated and donated to a local shelter. Here is an example of an MP3 device that is acceptable at camp <http://surl.li/qbejm> and here is a link to help your camper convert their Apple or Spotify music files to the MP3 format <http://surl.li/qbeme>.

INSTRUCTIONAL SWIM is mandatory for all Giborim and Goshrim campers (entering grades 3-6) and optional for Kochot and LIT campers (entering grades 7-10). When you submitted your campers' application for registration you noted their current swimming level. If your camper passed another level since you submitted their registration form, please email erica@ckb.ca with the most recent level attained so that we can place your camper in the correct Instructional Swim group.

CANOE TRIPS are mandatory for all Giborim, Goshrim and Kochot campers (entering grades 3-8) and optional for LIT campers (entering grades 9 & 10). The camp provides all of the necessary camping equipment. Campers who carry epipens are not able to participate and will remain at camp. Groups always consist of campers from different cabins so these campers will never remain alone at camp.

CAMPMINDER When you registered your camper(s), you established a CampMinder Login password. Parents can use the same password to access the CAMP INTOUCH feature which allows parents to submit forms, view photos, and send to and receive emails from their camper. The system works best with the Chrome browser. To Log In, simply click on the blue CampMinder Log In button which is found on the top right corner of our website www.ckb.ca. The system has a security feature that will only grant access to recognized email addresses. If the system does not recognize your email address, you will be able to update your account.

CAMPMINDER GUEST ACCOUNTS By clicking the "Guest Accounts" icon you will be able to create accounts for family members and friends so that they can view photos and send emails. If you'd like your guest to be able to email your child(ren) make sure to check the appropriate boxes (these will be evident upon entering the guest's information). After creating each account your guest will receive an email like the one you received when first creating a password and security questions. They will be guided through the same process in order to log in securely. You do not need to create guest accounts for parents/guardians of the child(ren) as that information is already stored in our system.

SENDING SNAIL MAIL TO YOUR CAMPER You can send snail mail to your camper at the address listed on the first page of this booklet or you can send emails to your camper via CampMinder. All snail mail should include the name and unit of the camper. Our Units are:

Giborim, entering grades 3 or 4
Goshrim Katan, entering grade 5
Goshrim Gadol, entering Grade 6
Kochot, entering grade 7 or 8
LITs, entering grades 9 or 10

SENDING EMAILS TO YOUR CAMPER To send emails, click on the LOGIN button at our website www.ckb.ca and then click on Camp InTouch and then click on the email link. The system will guide you through the process of purchasing “**CampStamps**” (in US currency). Each email will use a certain number of Camp Stamps based on the selections you make. We batch print the emails once each day at 10am from Sunday to Friday and the emails are delivered to our campers after lunch.

RECEIVING MAIL FROM YOUR CAMPERS There are two ways you can receive mail from your camper(s). Campers can write old fashioned letters and mail them via Canada Post. For this option, please provide your camper with stationary and pre-addressed and pre-stamped envelopes.

RECEIVING E-LETTERS FROM YOUR CAMPERS eLetters offer an easy way for your child to send letters from camp back to parents. Each page of eLetter stationery has a unique, printed barcode. Parents can attach an eLetter reply request to each campminder email that they send. This option is found below the email body and will request a single eLetter reply from the camper. Please note: CampStamps will not be deducted for the eLetter until a reply is received by the parent. It is recommended that campers use blue or black ink pens to ensure the eLetter PDF is legible. Parents will receive an email notification as each eLetter is returned. They will not be charged a CampStamp until the recipient opens the eLetter. Once viewed, an eLetter may be opened, saved, or forwarded by email an unlimited number of times at no additional cost. **NOTE:** You will see that the printing of an E-stack where you can pre-print a stack of blank e-letter response sheets and send them to camp with your camper is an option but WE ADVISE AGAINST THIS because they become wrinkled or soiled or forgotten. The best option is to attach an e-letter reply request with each email that you send to your camper.

IMPORTANT NOTE REGARDING COMMUNICATION WITH YOUR CAMPER Please only send an email or letter to your camper(s) after the first three days of each session have passed. The start of each session is when campers are most susceptible to homesickness and letters from home can exacerbate such feelings. For this same reason, we will only encourage our campers to write home as of the first Sunday of each session. This will help our campers focus their time and energy on life at camp and on the development of their new friendships. Campers will be told not to expect letters from home at the beginning of each session.

PACKAGES Campers are not allowed to receive any packages at camp unless they are celebrating a birthday while at camp. Only one package is allowed on your campers' birthday so we ask that you please inform family and friends of this policy. If your camper has forgotten something or has run out of anything, we are pleased to provide many essential items like toothbrushes, deodorant, and shampoo at no charge. Other essential items that we may not stock at camp, like clothing, can only be mailed to camp with the pre-authorization of our office manager. This person can be reached at office@ckb.ca. Without exception, all unauthorised packages will be returned to sender. Again, please inform your relatives and friends of this policy.

PHOTOS Photos are posted daily from Sunday to Friday by 8:00 am in our CampMinder system. The photo page allows you to mark favorites, view, buy and share photos, as well as view slideshows. You can click the icons below each photo to perform these actions.

VIDEOS Videos will be posted to our social media channels throughout the summer and available on our Vimeo page: <https://vimeo.com/campkinneretbiluim>

THE WEEKLY SHPIEL The Weekly Shpiel is our camper newspaper & it is posted on Facebook each Sunday by 6:00 PM.

SIERRA'S WEEKLY UPDATE Our Associate Directors' activity report which we post to social media and send to you by e-mail each Friday by 6:00 pm.

FACEBOOK/INSTAGRAM Please be sure to 'like' and 'follow' us for updates throughout the summer and especially on the first and last day of each session as this is how we will be able to provide you with up to the minute updates regarding bus arrival times.

www.facebook.com/yjcampkinneret

<https://www.instagram.com/campkinneret/>