



**PARENT
HANDBOOK
2019**

Camp Personnel

Camp Director	Guy Korngold
Assistant Director	Mark Kachuck
Office (Winter) & Food Services Manager	Erica Rubin
Office Manager (Summer)	Amanda Suchter
Program Director	Nikki Kitner
LIT Unit Head	Erik Perez
Kochot Unit Head	Jacob Grover
Goshrim Unit Head	Naomi Salama
Giborim Unit Head	Li-elle Rapaport
Head of Programming	Evan Ullman
Head of Waterfront	Eitan Gabbay

Important Dates

Montreal Luggage Dropped Off (1 st session)	June 30
First Session Begins	July 2
Rishonim Weekender Program	July 12-14
End of First Session / Visitor's Day	July 28
Second Session Begins	July 29
Camp Ends	August 13

Contact Information

SUMMER	Camp Kinneret	Tel	(819) 425 3332
	184 Rue Harrison	Fax	(819) 425 2433
	Mt. Tremblant, QC., J8E 1M8	Email	office@ckb.ca

Hours of operation of office at camp

(Voicemail messages are checked regularly even when the office is closed).

Sunday to Thursday	9:00am – 5:00pm
Friday	9:00am – 3:00pm
Shabbat	Closed

WINTER	Camp Kinneret	Tel	1 800 426 5108
	5555 Westminster Ave., #300	Tel	(514) 735 3167
	Cote St. Luc, QC., H4W 2J2	Fax	(514) 735 3833
		Email	office@ckb.ca

WEB SITE www.ckb.ca

Baggage to Camp for First Session

Montreal families to drop off baggage at the old Wagar High School (5785 Parkhaven, H4W-1X8) on **June 30** from 10am-11am. All camper medication and spending money must be dropped off at this time. A separate table will be set up at the baggage drop off location to collect the medication and cash. Please do not pack the medication or cash in your camper baggage for ease of access.

Toronto families to place baggage under the bus when departing on **July 2** (see below). Medication and spending money handed to staff member accompanying the campers on the bus.

Ottawa families to place baggage under the bus in Montreal when departing on **July 2** (see below). Medication and spending money handed to staff member accompanying the campers on the bus.

Travel to Camp for First Session – July 2

Montreal / Ottawa

Old Wagar High School (5785 Parkhaven Ave in Cote St. Luc, H4W-1X8). Please arrive by 1:00pm so that the buses can depart promptly at 1:30pm. No snacks allowed on the bus. Campers will receive a snack upon arrival at camp.

Toronto & Surrounding Areas

Herbert H. Carnegie Centennial Centre Parking lot
580 Finch Avenue (West of Bathurst). Please arrive no later than 7:00am so that the buses can depart promptly at 8:00am.

Private Transportation

Parents driving their child(ren) to camp by car must arrive after **3:00pm** and leave by **3:30pm**.

Note: All campers from Toronto must also carry with them, on the bus, a peanut-free lunch for the day of travel. A snack will be provided to all campers upon arrival at camp.

Travel & Baggage to Camp for Second Session – July 29

Montreal / Ottawa

Old Wagar High School (5785 Parkhaven Ave in Cote St. Luc, H4W-1X8). Please arrive by 1:00pm so that the buses can depart promptly at 1:30pm. No snacks allowed on the bus. Campers will receive a snack upon arrival at camp.

Toronto & Surrounding Areas

Campers will be accompanied by staff members and travel to Montreal by train, and then by private transportation from Dorval to camp. Camp Kinneret will purchase train tickets and provide more detailed information in July.

Private Transportation

Parents driving their child(ren) to camp by car must arrive after **3:00pm** and leave by **3:30pm**.

Note All campers from Toronto must carry with them, on the train, a peanut-free lunch for the day of travel. A snack will be provided to all campers upon arrival at camp.

Travel from Camp at the end of First Session - July 28

Campers returning home at the end of the first session will travel home with their parents following the Visitor's Day program which will begin at 10:30am and end at approximately 12:30pm.

Travel from Camp at the end of Second Session - August 13

The buses will leave camp at 8:30am and arrive to: Old Wagar High School (5785 Parkhaven Ave in Cote St. Luc, H4W-1X8) at **10:15 am**.

Herbert H. Carnegie Centre in Toronto at *approximately 4:30pm*. The baggage will arrive at 3:00pm so you can arrive earlier to claim your child's baggage.

Campers being picked up at camp by parents are asked to arrive at camp at 8:30am.

Laundry

Laundry is done once each week. Clothing should be colorfast as it is machine laundered and every item should be well labeled/marked. Labels are available through our website via the CampMinder login. 20% of the proceeds from the sale of these labels will benefit our Camp Kinneret Scholarship Fund. All campers will have the opportunity to claim lost and found articles during the summer and at the end of each camp session. Items that are not labeled and not claimed by our campers will be donated to a local clothing bank based in Mont Tremblant. Please refer to our packing list on the last page of this booklet.

Tuck Shop & Spending Money

A portion of the camp fee is allocated to cover expenses such as tuck (treats), the camp t-shirt, the LIT sweatshirt and camp photograph. We will bill you for any medical expenses (prescriptions) incurred over the course of the summer and send you the receipts so that you can make a claim with your insurance company. Personal spending money, to be used by campers when we take them out on field trips, is not included in the camp fee. We suggest \$100 for first/full session LIT's (grades 8-9) because they will be travelling on a three day trip out of camp, \$40 for Giborim (grades 2-3), Goshrim (grades 4-5) & Kochot (grades 6-7) campers that are staying at camp for the full summer and \$20 for all second session campers. This pocket money can be held in the office for your camper. Please place the cash in a sealed Ziploc bag with your campers name marked clearly on it. Spending money should be given to our designated staff member prior to boarding the bus or train to camp. Rishonim campers will not need any spending money.

Transportation Services

Campers are not allowed to leave camp at any point during the season unless the Camp Director has given permission to do so. Such situations are strongly discouraged unless entirely necessary as they are almost always disruptive to the flow of our program. When parents are not available, transportation for these campers can be arranged at a cost that is based upon the distance travelled.

Mail

Incoming mail and email is distributed daily at camp five days each week (Monday to Friday). Campers look forward to receiving news from home and we urge you to write your campers regularly. Please provide your child with pre addressed and pre stamped envelopes so that it is easy for them to write you back. See our COMMUNICATION section below on how to send emails to your camper(s).

No Packages

Campers are not allowed to receive any packages at camp unless your camper is celebrating a birthday while at camp. Only one package is allowed on your campers' birthday – please inform family and friends of this policy. If your camper has forgotten something or has run out of anything, we are pleased to provide many essential items like toothbrushes, deodorant, and shampoo at no charge. Other essential items that we may not stock at camp, like clothing, can only be mailed to camp with the pre-authorization of our office manager. This person can be reached at office@ckb.ca. Without exception, all unauthorised packages will be returned to sender. Again, please inform your relatives and friends of this policy. We thank you in advance for your cooperation!

Birthdays at Camp

We are excited to celebrate birthdays at camp! Each camper with a birthday during the summer camp season will receive a freshly baked cake that is large enough to share with his or her cabin mates. If you wish to send a gift, please refer to our package policy (above). Parents are given the opportunity to speak with their child on their birthday. Arrangements for this can be made by calling (819.425.3332) or by emailing our office (office@ckb.ca) the day before the birthday, so that we arrange the time for the call to be made. *Usually*, the ideal time for this call is following lunch at about 1:45 pm. In the event that your camper is out of camp on their birthday (overnight canoe trip or waterslide park), the call will be arranged for the evening or the following day.

Medication Policy - Important

Our infirmary is fully stocked. Please do not pack standard over the counter medications like Tylenol and Advil. The only medication campers should bring to camp are those that are required to manage an existing medical condition. **These medications must be blister packed by your pharmacist and each 'blister' must indicate the name of your camper, the medications being taken, and the time of day that they should be administered.** The majority of pharmacies in Canada will blister pack medications at no cost. They may require a week or two to prepare the blister packs so please be sure to inquire with your pharmacist and plan accordingly

Please only send the amount of medication needed for the summer camp session(s) for which your camper is registered. 1st Session July 2-28, 2nd session July 29-Aug 13, Full Summer July 2-Aug 13. Rishonim July 12-14. Any extra medication will not be returned at the end of the season.

First session Campers from Montreal are asked to drop these medications off on June 30 when they drop their bags off at the old Wagar High School (see 'Baggage & Travel To Camp' section of this handbook). Campers from outside of Montreal and second session campers are asked to hand their medication to the designated staff member accompanying the campers on the bus ride to camp. If campers are driven to camp by their parents, please hand the medication to the staff member greeting you at the parking lot.

COMMUNICATION

(Photos, Videos, Emails and our Newsletter)

All **first time campers** (not including our Rishonim Weekend Campers) will receive a phone call from their campers' unit head within the first 72 hours of the camp session. The purpose of this call is to provide you with an update on how your camper has adjusted to camp life.

When you registered your camper(s), you established a CampMinder Log In password. To **view photos**, and **send emails** to your camper(s), please use this same password and use internet browsers CHROME or FIREFOX . To Log In, simply click on the blue CampMinder Log In button which is found on the top right corner of our website www.ckb.ca. The system has a security feature that will only allow recognized email addresses to gain access to the system. If the system does not recognize your email address please let us know, and we will update your email address in our settings.

Photos: **Posted daily from Sunday to Friday at 8:00 am**. The photo page allows you to mark favorites, view, buy and share photos, as well as view slideshows. You can click the icons below each photo to perform these actions. All of the photos you view online are available for purchase as prints, digital downloads, or gift items such as t-shirts, calendars, or mouse pads. All proceeds from the sale of these photos will go towards supporting our camper scholarship fund.

Emails: When you click on the email link, the system will guide you through the process of purchasing “**CampStamps**” (in US currency) to send emails as often as you'd like throughout the session to your child(ren). Each email will use a certain number of CampStamps based on the selections you make. We batch print the emails once each day at 9am and the emails are delivered to our campers daily following lunch, from Sunday-Friday.

Newsletter: **The Weekly Shpiel** (Camper Newspaper): Posted via Facebook each Sunday by 6:00 pm.

Directors' Weekly Update: Emailed to you each Friday by 6:00 pm.

Facebook: Please be sure to "like" our Facebook page (www.facebook.com/yjcampkinneret) for updates throughout the summer.

Guest Accounts: By clicking the “Guest Accounts” icon you will be able to create accounts for family members and friends to view photos and send emails. If you'd like your guest to be able to email your child(ren) make sure to check the appropriate boxes (these will be evident upon entering the guest's information). After creating each account your guest will receive an email similar to the one you received when first creating a password and security questions. They will be guided through the same process in order to log in securely. **You do not need to create guest accounts for parents/guardians of the child(ren) as that information is already stored in our system.**

Visitor's Day - Sunday July 28

Visitor's Day falls on the last day of the first session and is for 1st session and full summer campers only. Campers who are registered for the first session will leave on this day and will travel home with their parents.

Visitors Day has been designed so that parents and campers can share experiences on the campsite, meet our staff, and enjoy a pleasant day together. Campers look forward to this day because it gives them the opportunity to show their achievements and surroundings to their families and friends. Dogs are welcome as long as they are on leash at all times.

10:00am Visitors park their cars and wait at the entrance to camp (by the basketball courts).

10:30am Visitors are welcomed onto the camp grounds to meet their campers and staff in our cabin area

11:30am Welcome Ceremony and Short Presentation

12:00pm Dessert Reception

Campers can leave the campgrounds with their parents

5:00pm Campers remaining for the second session must return to camp by 5pm.

Please do not bring any food or cell phones with you back into camp.

Driving Directions from Montreal to Camp Kinneret 184 Rue Harrison, Mt. Tremblant, QC, J8E 1M8

Once you get onto the 15 North, the entire trip is approximately 130 km and should take you about 1.5 hours if you travel at a consistent speed of 100km/h.

- ▶ Travel North on Highway 15 towards Ste. Agathe. Continue passed Ste. Agathe on the 15 North which will eventually become the 117 North. (Stay on the 15 North and don't get off at the 117 sign that you see before Ste. Agathe).
- ▶ Continue on the 117 North and take exit 119 -'Montee Ryan'.
- ▶ Turn right onto Montee Ryan and continue until you arrive at the traffic circle. Essentially, you want to turn left here onto the 327 North (aka Rue du Village) so exit the circle after turning 270 degrees.
- ▶ Continue on the 327 North and turn left onto Chemin du Lac Mercier following the signs that read "Labelle and La Conception" (This road is found immediately before Mercier lake so if the lake is on your left you have missed your turn!).
- ▶ Continue on Chemin du Lac Mercier and take your first right onto Rue Harrison. Travel one minute and you will arrive at Camp Kinneret! You will be directed to park on our sports field.

Please drive slowly while on the campgrounds.

Camp Telephone: (819) 425 – 3332.

Clothing & Packing List

Please limit your luggage to two duffel bags and one small back pack. Rishonim campers should limit their baggage to one duffel bag. It is not necessary to bring plastic shelving and please note that trunks are not allowed. Mark your luggage clearly with your camper's name. We suggest simple serviceable clothing. Social and Shabbat functions are also simple and informal. Laundry is done once per week, with a one-day turn around. Rishonim campers will not have laundry service and should only pack enough clothing for three days (see Rishonim Packing List in our Rishonim Parent Handbook).

Clothing

4 Sweatshirts
4 pr pants (jeans, sweats, khakis)
12 t-shirts
12 pr socks
1 raincoat/poncho
2 sun hats
1 bath robe*
5 pr shorts
3 pr pajamas (warm & cool)
3 bathing suits
12 pr. underwear
Hawaiian Shirt (for cookouts)*
Plain white t-shirt for tie dye!!!
Something nicer for Erev Shabbat

Medication

All prescription medications must be blister packed by your pharmacy, each 'blister' clearly labeled with your campers name. This blister pack must be given to a staff member at luggage drop off on June 30 for 1st session campers from Mtl. All other campers are asked to give the blister pack to the staff at the departure time.

Footwear

1 pr running shoes
1 pr sandals w/ankle strap
1 pr rain boots
1 pr shower shoes (crocs)

Toiletries (consider biodegradable!)

shower caddy
soap/soap dish
shampoo
toothbrush & paste
sun protection (SPF 30 or >)
bug spray

Miscellaneous

flashlight & batteries
stamped/addressed envelopes
writing paper & pen
camera *
kipot
books *
baseball glove *
musical instruments *
extra eyeglasses
Water Bottle (IMPORTANT)

Bedding & Linen

2 fitted sheets (Min. 30" x 72")
2 blankets (1 warm, 1 light)
2 pillow cases
1 pillow
1 sleeping bag
2 beach towels
1 laundry bag
3 bath towels

DO NOT PACK

any food / gum / candy
hot pot/kettle
lighter or matches
Video player
rollerblades
mosquito coils
bottled water, drinks
pocket knife
glass bottles/jars
delicate clothing
skateboard
smart phone, i-pod touch, tablet
valuables
Bottled water

Our infirmary is fully stocked. It is not necessary to pack standard over the counter medications like Tylenol and Advil. The only medications campers should bring to camp are those that are required to manage an existing medical condition.

If a camper needs an Epipen, they must either carry it at all times or bring two – one for the infirmary, and one for the cabin.

You may bring a personal music device. However, if this musical device also serves a purpose other than playing music (ie. internet, phone or video), it will be confiscated. No I-pod touch, i-phone, etc. Camp Kinneret is a peanut-sensitive environment. It is forbidden to bring food or any bottled water to camp.

* optional



Original Home of the ...

BSE

(BEST SUMMER EVER !)